

# HERMONEY

CONNECTMOTHERHOOD

## WHAT IT'S REALLY LIKE TO WORK FULL-TIME AND BE A MOM

Sage Singleton | August 30, 2021



We spoke to 10 real women who work full-time, raise children, and find time for personal growth. This is how these moms do it.

### ***10 REAL WOMEN ON WHAT IT'S LIKE TO WORK FULL-TIME AND BE A MOM***

Women are inspiring. Between having children and handling work, we still manage to hold high-powered positions across different industries; we start our own businesses; we raise families. In fact, about 70 percent of American women with children are in the workforce. But working full-time and being a mom is no walk in the park.

With only 24 hours in the day, how do we do it all? We spoke to 10 real women who work full-time, raise children, maintain their homes and still find room for personal time and growth. Here's what they said.

### **Secrets to working full-time and being a mom**

#### **ENJOY EVERY MOMENT**

“Try to remember to stop and smell the roses both at work and with family. Enjoy the moments, because, at the end of the day, this is what it's really all about.”

-Joann Butler, president of Consultancy Media and mother of two boys